

Mrs. Michele Zaragoza
Director

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Dear Parents,

We are so very pleased to welcome you to Westminster's **full-day class** for **three-year-olds**. In order to be fully prepared for the program, we will need your child to bring the following to school:

- 1) A complete, nutritious **lunch, daily**. Be sure that their lunch and beverage is in a lunch box with their name clearly visible. For safety reasons, we ask that you do not utilize glass containers. Please be sure to include a freezer pack if food items need to be kept cold. Lunch boxes should be 9"x 6" in dimension so that it can be stored in an individual cubby (no taller than 9" and no wider than 6").
- 2) 2) A small, child size **resting mat** to be used for "rest time" each day. The mat will be rolled up and placed into a plastic bag provided by WNS for your child. Please be sure that your child's name is visible on the mat. These will be kept at school, but will be sent home weekly to be washed. Dimensions of the rest mat should be no bigger than 46"x21". There are several affordable nap mats for sale on Amazon, Walmart, & Target websites.
- 3) We ask that parents provide their child with **one snack item per day**. This 'afternoon snack' should be included in your child's lunchbox. We are requesting a 'dry snack' that can be easily opened and eaten independently. Some suggestions for this afternoon snack are: goldfish, graham crackers, pretzels or some cut up fresh fruit or vegetables. Please clearly label this food item as "SNACK" in your child's lunch box.

We look forward to seeing you soon!

